



## **Announcing the launch of Fellowship in Surgical and Dental Sleep Medicine at the University Health Network in Toronto, Canada.**

This is a one-year comprehensive Fellowship in surgical management of sleep breathing disorders and facial deformities at the Toronto Rehab Institute within the University Health Network, a world class teaching hospital in Toronto, Canada. This is the first Sleep Surgery Fellowship Program offered in Canada.

As increasingly more patients are being diagnosed with Sleep Breathing Disorders the demand by patients and clinicians for surgical sleep solutions have grown. In 2021, the American Academy of Sleep Medicine published a clinical practice guideline that highlighted the importance of referring adults with OSA for surgical consultation. The surgical management of obstructive sleep apnea has evolved and matured in recent years to include a breadth of new techniques. Maxillomandibular advancement surgery continues to be a highly effective surgical option targeting multiple sites from the velum and soft palate to oropharynx, and the tongue. Preoperative diagnostics tests with Drug Induced Sleep Endoscopy (DISE) and Mandibular Advancement Therapy (MAD) have been used as prognostic indicators in patient selection, to optimize the magnitude of skeletal advancement/expansion, and to further increase the success rate by eliminating non-responders.

In this Fellowship, we teach our evidence based models for multi-disciplinary care which include sleep medicine physicians and surgeons for comprehensive evaluation of OSA patients. As many of these complex patients require multi-modality management, we offer a synergistic collaboration between sleep surgeons (OMFS and Otolaryngology) and sleep medicine physicians for development of optimal patient specific surgical plan, increasing the success predictability.

This fellowship position is ideal for an OMFS with basic training in orthognathic surgery with a special interest in sleep medicine and surgical management of OSA. It is a salaried position commencing July 2023 to June 2024. Candidates must be American or Canadian OMFS trained and are required to hold a certificate of registration from the Royal College of Dental Surgeons of Ontario (RCDSO). ABOMS or FRCDC preferred but not required.

This fellowship is based on a 3 days/week curriculum with an opportunity for extensive clinical private practice 2 days/week and one-on-one mentorship with Dr. Tina Meisami.

For detailed information email [tina.meisami@uhn.ca](mailto:tina.meisami@uhn.ca)

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**About UHN:** Ranked in the world's top 10, University Health Network is a health care and medical research organization in Toronto, Ontario, Canada. The Sleep Medicine Program in Dentistry at Toronto Rehab Institute with UHN is a hospital based academic and research-oriented program committed to delivering surgical and dental treatment for patients with sleep related breathing disorders and dentofacial deformities.  
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